

## ESSENTIAL PRAYERS/PRACTICES

Pre-K - Kindergarten	Grade 1	Grade 2
Sign of the Cross- <b>M</b> Glory Be Prayer- <b>M</b> The Lord's Prayer- <b>I/P</b> Hail Mary- <b>M</b> Meal Prayers- <b>I/P</b> Guardian Angel Prayer- <b>M</b>	Sign of the Cross- <b>R</b> Glory Be Prayer- <b>R</b> The Lord's Prayer- <b>M</b> Hail Mary- <b>R</b> Meal Prayers- <b>P</b> Guardian Angel Prayer- <b>R</b> Act of Contrition- <b>I</b>	Sign of the Cross- <b>R</b> Glory Be Prayer- <b>R</b> The Lord's Prayer- <b>R</b> Hail Mary- <b>R</b> Meal Prayers- <b>M</b> Guardian Angel Prayer- <b>R</b> Act of Contrition- <b>P/M</b> Apostles' Creed- <b>I/P</b> Ten Commandments- <b>I/P</b> Seven Sacraments- <b>I</b> Mysteries of the Rosary- <b>I/P</b> Stations of the Cross- <b>I</b>
Grade 3	Grade 4	Grade 5
Sign of the Cross- <b>R</b> Glory Be Prayer- <b>R</b> The Lord's Prayer- <b>R</b> Hail Mary- <b>R</b> Meal Prayers- <b>R</b> Guardian Angel Prayer- <b>R</b> Act of Contrition- <b>R</b> Apostles' Creed- <b>P</b> Ten Commandments- <b>P</b> Seven Sacraments- <b>P/M</b> Nicene Creed- <b>I</b> Mysteries of the Rosary- <b>P</b> Stations of the Cross- <b>P</b>	Sign of the Cross- <b>R</b> Glory Be Prayer- <b>R</b> The Lord's Prayer- <b>R</b> Hail Mary- <b>R</b> Meal Prayers- <b>R</b> Guardian Angel Prayer- <b>R</b> Act of Contrition (Adult Version)- <b>I/P</b> Apostles' Creed- <b>P</b> Ten Commandments- <b>M</b> Seven Sacraments- <b>R</b> Nicene Creed- <b>P</b> Mysteries of the Rosary- <b>P</b> Stations of the Cross- <b>P</b> Hail Holy Queen- <b>I</b> Morning Offering- <b>I</b>	Sign of the Cross- <b>R</b> Glory Be Prayer- <b>R</b> The Lord's Prayer- <b>R</b> Hail Mary- <b>R</b> Meal Prayers- <b>R</b> Guardian Angel Prayer- <b>R</b> Act of Contrition- <b>M</b> Apostles' Creed- <b>M</b> Ten Commandments- <b>R</b> Seven Sacraments- <b>R</b> Nicene Creed- <b>P</b> Mysteries of the Rosary- <b>M</b> Stations of the Cross- <b>P</b> Hail Holy Queen- <b>P</b> Morning Offering- <b>P/M</b> Memorare- <b>I/P/M</b>

**I=Introduce**

**P=Practice**

**M=Memorize**

**R=Reinforce**

## ESSENTIAL PRAYERS/PRACTICES

Grade 6	Grade 7	Grade 8
Sign of the Cross-R Glory Be Prayer-R The Lord's Prayer-R Hail Mary-R Meal Prayers-R Guardian Angel Prayer-R Act of Contrition-R Apostles' Creed-R Ten Commandments-R Seven Sacraments-R Nicene Creed-P Mysteries of the Rosary-R Stations of the Cross-M Hail Holy Queen-M Morning Offering-R Memorare-R Canticle of Mary-I Precepts of the Church-I Theological & Cardinal Virtues-I Fatima Prayer-I	Sign of the Cross-R Glory Be Prayer-R The Lord's Prayer-R Hail Mary-R Meal Prayers-R Guardian Angel Prayer-R Act of Contrition-R Apostles' Creed-R Ten Commandments-R Seven Sacraments-R Nicene Creed-M Mysteries of the Rosary-R Stations of the Cross-R Hail Holy Queen-R Morning Offering-R Memorare-R Canticle of Mary-P Precepts of the Church-P/M Theological & Cardinal Virtues-P/M Angelus-I Prayer of St. Francis-I/P New Commandment-I/P/M Fatima Prayer-P/M	Sign of the Cross-R Glory Be Prayer-R The Lord's Prayer-R Hail Mary-R Meal Prayers-R Guardian Angel Prayer-R Act of Contrition-R Apostles' Creed-R Ten Commandments-R Seven Sacraments-R Nicene Creed-R Mysteries of the Rosary-R Stations of the Cross-R Hail Holy Queen-R Morning Offering-R Memorare-R Canticle of Mary-P Precepts of the Church-R Theological & Cardinal Virtues-R Angelus-P Prayer of St. Francis-P New Commandment-R Fatima Prayer-R

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