

## ESSENTIAL PRAYERS/PRACTICES

| Pre-K - Kindergarten  | Grade 1   | Grade 2  |
|---|---|--|
| Sign of the Cross- <b>M</b><br>Glory Be Prayer- <b>M</b><br>Hail Mary- <b>M</b><br>Meal Prayers- <b>I/P</b><br>Guardian Angel Prayer- <b>M</b>  | Sign of the Cross- <b>R</b><br>Glory Be Prayer- <b>R</b><br>The Lord's Prayer- <b>I/M</b><br>Hail Mary- <b>R</b><br>Meal Prayers- <b>P</b><br>Guardian Angel Prayer- <b>R</b><br>Act of Contrition- <b>I</b>  | Sign of the Cross- <b>R</b><br>Glory Be Prayer- <b>R</b><br>The Lord's Prayer- <b>R</b><br>Hail Mary- <b>R</b><br>Meal Prayers- <b>M</b><br>Guardian Angel Prayer- <b>R</b><br>Act of Contrition- <b>P/M</b><br>Apostles' Creed- <b>I/P</b><br>Ten Commandments- <b>I/P</b><br>Seven Sacraments- <b>I</b><br>Mysteries of the Rosary- <b>I/P</b><br>Stations of the Cross- <b>I</b>  |
| Grade 3   | Grade 4   | Grade 5  |
| Sign of the Cross- <b>R</b><br>Glory Be Prayer- <b>R</b><br>The Lord's Prayer- <b>R</b><br>Hail Mary- <b>R</b><br>Meal Prayers- <b>R</b><br>Guardian Angel Prayer- <b>R</b><br>Act of Contrition- <b>R</b><br>Apostles' Creed- <b>P</b><br>Ten Commandments- <b>P</b><br>Seven Sacraments- <b>P/M</b><br>Nicene Creed- <b>I</b><br>Mysteries of the Rosary- <b>P</b><br>Stations of the Cross- <b>P</b> | Sign of the Cross- <b>R</b><br>Glory Be Prayer- <b>R</b><br>The Lord's Prayers <b>R</b><br>Hail Marys- <b>R</b><br>Meal Prayers- <b>R</b><br>Guardian Angel Prayers- <b>R</b><br>Act of Contrition- <b>R</b><br>Apostles' Creeds- <b>P</b><br>Ten Commandments- <b>M</b><br>Seven Sacraments- <b>R</b><br>Nicene Creed- <b>P</b><br>Mysteries of the Rosary- <b>P</b><br>Stations of the Cross- <b>P</b><br>Hail Holy Queen- <b>I</b><br>Morning Offering- <b>I</b> | Sign of the Cross- <b>R</b><br>Glory Be Prayer- <b>R</b><br>The Lord's Prayer- <b>R</b><br>Hail Mary- <b>R</b><br>Meal Prayers- <b>R</b><br>Guardian Angel Prayers <b>R</b><br>Act of Contritions <b>R</b><br>Apostles' Creed- <b>M</b><br>Ten Commandments- <b>R</b><br>Seven Sacraments- <b>R</b><br>Nicene Creed- <b>P</b><br>Mysteries of the Rosary- <b>M</b><br>Stations of the Cross- <b>P</b><br>Hail Holy Queen- <b>P</b><br>Morning Offering- <b>P/M</b><br>Memorare- <b>I/P/M</b> |

**I=Introduce**

**P=Practice**

**M=Memorize**

**R=Reinforce**

## ESSENTIAL PRAYERS/PRACTICES

| Grade 6   | Grade 7  | Grade 8  |
|---|--|--|
| Sign of the Cross-R<br>Glory Be Prayer-R<br>The Lord's Prayer-R<br>Hail Mary-R<br>Meal Prayers-R<br>Guardian Angel Prayer-R<br>Act of Contrition-R<br>Apostles' Creed-R<br>Ten Commandments-R<br>Seven Sacraments-R<br>Nicene Creed-P<br>Mysteries of the Rosary-R<br>Stations of the Cross-M<br>Hail Holy Queen-M<br>Morning Offering-R<br>Memorare-R<br>Canticle of Mary-I<br>Precepts of the Church-I<br>Theological & Cardinal Virtues-I<br>Fatima Prayer-I | Sign of the Cross-R<br>Glory Be Prayer-R<br>The Lord's Prayer-R<br>Hail Mary-R<br>Meal Prayers-R<br>Guardian Angel Prayer-R<br>Act of Contrition-R<br>Apostles' Creed-R<br>Ten Commandments-R<br>Seven Sacraments-R<br>Nicene Creed-M<br>Mysteries of the Rosary-R<br>Stations of the Cross-R<br>Hail Holy Queen-R<br>Morning Offering-R<br>Memorare-R<br>Canticle of Mary-P<br>Precepts of the Church-P/M<br>Theological & Cardinal Virtues-P/M<br>Angelus-I<br>Prayer of St. Francis-I/P<br>New Commandment-I/P/M<br>Fatima Prayer-P/M | Sign of the Cross-R<br>Glory Be Prayer-R<br>The Lord's Prayer-R<br>Hail Mary-R<br>Meal Prayers-R<br>Guardian Angel Prayer-R<br>Act of Contrition-R<br>Apostles' Creed-R<br>Ten Commandments-R<br>Seven Sacraments-R<br>Nicene Creed-R<br>Mysteries of the Rosary-R<br>Stations of the Cross-R<br>Hail Holy Queen-R<br>Morning Offering-R<br>Memorare-R<br>Canticle of Mary-P<br>Precepts of the Church-R<br>Theological & Cardinal Virtues-R<br>Angelus-P<br>Prayer of St. Francis-P<br>New Commandment-R<br>Fatima Prayer-R |

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