



October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
SPV- Grape Tomatoes 2 Teriyaki Beef & Broccoli over Rice  Or- Italian Hoagie  Or- Yogurt & Cheese Stick with a Breadstick Broccoli Mandarin Oranges Fortune Cookie	3 Warm Ham & Cheese Croissant  Or- Asian Chicken Salad with a Dinner Roll Or- Yogurt & Cheese Stick with a Dinner Roll Baby Carrots Muskmelon Farm to School	4 BBQ Chicken Legs with a Soft Pretzel Or- Turkey BLT  Or- Yogurt & Cheese Stick with a Soft Pretzel Baked Beans Mixed Fruit	5 Chicken Alfredo with Garlic Bread Or- Antipasto Pasta Salad  Or- Yogurt & Cheese Stick with Garlic Bread Green Beans Watermelon Farm to School	6 Turkey Bacon Melt on Flatbread  Or- Roast Beef Sandwich  Or- Yogurt & Cheese Stick with a Soft Pretzel Potato Wedges Fresh Apple Farm to School
National School Lunch Week October 9^a - 13th				
SPV-Baby Carrots 9 Chicken Tenders with a Dinner Roll Or- Salami, Cheese, Crackers and Nutrigrain Bar   Or- Yogurt & Cheese Stick with a Dinner Roll Sweet Potato Waffle Fries Peaches	10 Tot-Chos with Beef & Cheese and a Soft Pretzel Or- Chef Salad with a Soft Pretzel  Or- Yogurt & Cheese Stick with a Soft Pretzel Tater Tots Tropical Fruit	11 Pizza Hut Pizza Or- Turkey Custer Sandwich  Or- Yogurt & Cheese Stick with a Dinner Roll Romaine Salad Pears	12 Macaroni & Cheese with a Breadstick Or- Southwest Chicken Salad with a Breadstick Or- Yogurt & Cheese Stick with a Breadstick Cucumbers Watermelon Farm to School	13 Pigs In a Blanket  Or- Cottage Cheese & Fruit with a Soft Pretzel Or- Yogurt & Cheese Stick with a Soft Pretzel Cowboy Beans Fresh Apple Farm to School Chocolate Chip Cookie
SPV-Red Pepper Strips 16 Crispy Chicken Sandwich Or- Ham & Swiss Hoagie  Or- Yogurt & Cheese Stick with a Soft Pretzel Glazed Carrots Cinnamon Applesauce	17 Rotini Pasta with Meat Sauce with Garlic Bread  Or- Sunshine Chicken Salad with Garlic Bread Or- Yogurt & Cheese Stick with Garlic Bread Romaine Salad Mixed Fruit	18 Hamburger on a Bun  Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with a Dinner Roll Black Beans Fresh Apple Farm to School	19 Creamed Turkey with a Ciabatta Roll Or- Hummus & Flatbread Or- Yogurt & Cheese Stick with a Ciabatta Roll Mashed Potatoes Strawberries	Westside No School 20 Sweet & Sour Popcorn Chicken with Rice Or- Buffalo Chicken Wrap Or- Yogurt & Cheese Stick with a Dinner Roll Cauliflower Pineapple
Westside No School 23 SPV-Baby Carrots Turkey and Cheese Hoagie Or- Yogurt & Cheese Stick with a Soft Pretzel Veggie Juice Box Raisins Baked Chips	24 Pancakes, Egg Patty & Sausage Links  Or- Beef Taco Salad with a Dinner Roll  Or- Yogurt & Cheese Stick with a Dinner Roll Sweet Potato Tots Blueberries	25 Pizza Hut Pizza Or- Southwest Chicken Wrap Or- Yogurt & Cheese Stick with a Dinner Roll Broccoli Peaches	26 Crispy Carnitas Tacos with Lettuce and Cheese Cup  Or- Crispy Chicken Salad with a Breadstick Or- Yogurt & Cheese Stick with a Breadstick Corn Banana Sugar Cookie	27 Texas Style Chili with a Cinnamon Roll  Or- Tuna Salad on 9 Grain Or- Yogurt & Cheese Stick with a Cinnamon Roll Chili Beans Fresh Apple Farm to School
SPV- Grape Tomatoes 30 Mini Corn Dogs Or- Italian Hoagie  Or- Yogurt & Cheese Stick with a Breadstick Baked Beans Mixed Fruit	Halloween 31 Monster Bowl with Popcorn Chicken & Cheddar Cheese Or- Asian Chicken Salad with a Dinner Roll Or- Yogurt & Cheese Stick with a Dinner Roll Mummy Mashed Potatoes Creepy Corn Frankenstein Fresh Apple with Caramel Sauce Farm to School	1 Cheeseburger Steak with a Ciabatta Roll  Or- Turkey BLT  Or- Yogurt & Cheese Stick with a Ciabatta Roll Green Beans Pears	2 Chicken Pot Pie with a Biscuit Or- Antipasto Pasta Salad  Or- Yogurt & Cheese Stick with a Biscuit Glazed Carrots PineappleTidbits	3 Three Cheese Lasagna with a Ciabatta Roll Or- Roast Beef Sandwich  Or- Yogurt & Cheese Stick with a Ciabatta Roll Romaine Salad Peaches

This Institution is an equal Opportunity provider and employer.